





FRIDAY SATURDAY

	1	2
00pm	8	9
	15	16
00pm	22	23
	29	30
	5	6



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
		8:00-10:00pm		4:00-5:00pm		
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
		8:00-10:00pm		4:00-5:00pm		
28	29	30	1	2	3	4
5	6	7	8	9	10	11
		π	urning the Wheel	ad Toward New Possibilities		
			urning the Wheel Turning the Wi	д. w. т.		

Eastern Time

May 2024





SATURDAY FRIDAY

	3	4	
00pm	10	11	
	17	18	
	24	25	
00pm	31	7	
	7	8	







FRIDAY SATURDAY

	31	1
	7	8
00pm	14	15
	21	22
00pm	28	29
	5	6

Eastern Time

Conscious Body Coaching July 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
7	8	9	10	11	12	13
		8:00-10:00pm		4:00-5:00pm		
14	15	16	17	18	19	20
21	22	23	24	25	26	27
		8:00-10:00pm		4:00-5:00pm		
28	29	30	31	1	2	3
4	5	6	7	8	9	10





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5	6 8:00-10:00pm	7	⁸ 4:00-5:00pm	9	10
11	12	13	14	15	16	17
18	19	²⁰ 8:00-10:00pm	21	²² 4:00-5:00pm	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7



