

Wonder Questions

A sense of wonder is truly magic, connecting us into childlike enchantment and anticipation. New beautiful perceptions and fresh opportunities will spontaneously emerge. New dendrites and synapses will form in your brain. Here are some ideas to get you started.

I wonder what my body is telling me?

I wonder what needs loving in me?

I wonder what I want right now?

I wonder what my heart is telling me right now?

I wonder what I am feeling right now?

I wonder what I am organizing my thoughts around right now?

I wonder what I want to turn towards?

I wonder what is motivating me right now?

I wonder what part of me is in charge right now?

I wonder if this is something I have done before?

I wonder if this is something I have felt before?

I wonder what would feel good to me right now?

I wonder what I am making up right now?

I wonder who I am loving right now?

I wonder who is loving me right now?

Add your Own!