

## Reading List

- Shaw, Alana. Dancing Our Way Home. A Guide to Improvising Through Life, Art, & Performance.
- Shaw, Alana. The Body Now. Birthing the Yes Collective.
- Amen, Daniel G. Change Your Brain Change Your Life.
- Arrien, Angeles, PH.D. The Four-Fold Way.
- Bainbridge Cohen, Bonnie. Sensing Feeling and Action: The Experiential Anatomy of Body-Mind Centering.
- Boal, Augusto. Theatre of the Oppressed.
- Boal, Augusto. Games for Actors and Non-Actors.
- Boal, Augusto. The Rainbow of Desire.
- Brizendine, Louann, M.D. The Female Brain.
- Brizendine, Louann, M.D. The Male Brain.
- Brown, Adrienne Maree, Emergent Strategy
- Caldwell, Christine. Bodyfulness
- Caldwell, Christine. Getting Our Bodies Back.
- Conrad, Emilie. Life on Land: The Story of Continuum.
- Diamandis, Peter; Kotler, Steven. Abundance: The Future is Better Than You Think.
- Dodd, Vickie. Tuning the Blues to Gold: Soundprints.
- Doidge, Norman, M.D. The Brain That Changes Itself.
- Farrelly-Hansen, Mimi. Spirituality and Art Therapy: Living the Connection.
- Gablik, Suzi. The Reenchantment of Art.
- Gladwell, Malcolm. Outliers.
- Halprin, Anna. Making Dances That Matter.

- Halprin, Anna. Moving Towards Life: Five Decades of Transformational Dance.
- Hanna, Judith Lynne. Dancing to Learn. The Brain's Cognition, Emotion and Movement.
- Hendricks, Gay. The Big Leap.
- Hicks, Ester and Jerry. Ask and It Is Given.
- Houston, Jean. The Wizard of Us: Transformational Lessons of Oz.
- Klein, Kim. Fundraising for Social Change.
- Lerman, Liz. Are Miracles Enough?
- Lipton, Bruce H. The Honeymoon Effect: The Science of Creating Heaven on Earth
- Miller, Celeste. Dancing From The Heart: Life Stories.
- Nachmanovitch, Stephen. Free Play.
- Olsen, Andrea. Body Stories.
- Patten, Terry. A New Republic of the Heart. An Ethos for Revolutionaries.
- Pearson, Carol. Awakening the Heroes Within: Twelve Archetypes to Help Us Find Ourselves and Transform Our World.
- Pert, Candace B. PH.D The Molecules of Emotion: The Science Behind Mind-Body Medicine
- Ristad, Eloise. A Soprano On Her Head.
- Roth, Gabrielle. Maps to Ecstasy.
- Seligman, Martin E.P. Flourish: A Visionary New Understanding of Health and Well-being.
- Tanzi, Rudolph; Chopra, Deepak. Superbrain: Unleashing The Explosive Power Of Your Mind To Maximize Health, Happiness And Spiritual Well Being.
- Twist, Lynne. The Soul of Money.
- Woodridge, Susan Goldsmith. Poem Crazy.
- Zaporah, Ruth. Action Theater: The Improvisation of Presence.